

CURRICULUM VITA



الاسم: د. توفيق عوض على الحصادي

المؤهل العلمي: دكتوراة

الدرجة العلمية: أستاذ مشارك

وزارة التعليم التقني والفني

ادارة الكليات التقنية

كلية التقنية الطبية- درنة

NAME:

TAWFEG. A.A.ELHISADI

DATE & PLACE OF BIRTH:

28/12/1961-DERNA-LIBYA

NATIONALITY:

LIBYAN

MATERIAL STATUS:

MARRIED

PASSPORT NO. :

C6PPC5FR

EDUCATION:

- Primary school graduate, 1973- Derna
- Elementary school graduate, 1977- Derna
- Secondary school graduate, 1980- Derna
- **B.Sc. degree in Food Science & Technology**, 1984, Faculty of Agriculture, Omar Al- Mukthar University, Elbieda, Libya.
- **M.SC. degree in Human nutrition** , 1999, Department of Dietetics, Faculty of Human Nutrition & Home Economics, SGGW- **Warsaw University, Poland**.
- **PhD degree in Nutrition in Developing Countries**, 2010, Institute of Nutritional Science, Faculty of Agricultural Science, Nutritional Science and Environmental Management, **Justus-Liebig- Giessen University- Germany**.
- Assistant professor. since 01/01/2014.
- Associate professor. since. 01/01/2018.
- **Dean of college of medical technology. Since 17/12/2020**
- **Director of the Libyan Center for Biotechnology Research, Derna Branch, Jun. 2022**
- **Member of Libyan Society for Medical Education**
- **Member of editorial abroad team and reviewer for the African Journal of Advance pure and Applied Science (AJAPAS)**

EXPERIENCE:

- **From 07/1985 to 12/1993-** **Research Assistance**, Agricultural Research Center, Department of Chemical Analysis of Food staff & Nutritional materials.
- **From 12/1993 to 10/1995-** Demonstrator, Department of Public Health, Faculty of Medical Technology, Derna/Libya.
- **From 10/1995 to 05/1996-** Intensive English Program.(Proficiency level-Advanced) 1996,Rima College Advanced) 1996,Rima College, Kuala Lumpur, Malaysia.
- From 06/1996 to 06/1999 M.SC. student in Department of Dietetics, Faculty of Human Nutrition & Home Economics, SGGW- Warsaw Agriculture University, Poland, under supervisor **Prof. Dr. Sa'eed H. Bawa.**
- From 1999 to 2003, Assistance Lecturer, College of Medical Technology, Derna- Libya.

Teaching the following courses from 2000 to 2003:

- Clinical nutrition III year, Department of High nursing.
- Field visits IV year, Department of Public Health.
- Clinical Training IV year Department of Public Health.
- Human Physiology. Department of Basic Science.

▪ **From 11/2003 to 10 2004** German language courses, in Goethe- institute, Bonn- Germany.

▪ **From 01- 2005 to 05-2005.** Training in Physiological Chemistry Institute, Bonn University- Germany.

▪ **From 06- 2005 to 01-2010** PhD student in Giessen University (Germany) under supervisor: **Prof. Dr. Med. Michael Krawinkel.** research titled: **(Nutrition, Life Style and Diabetes risk of School Children In Derna, Libya).**

**** College of Medical Technology- Derna- Libya**

- From **02-2010** **Lecturer in College of Medical Technology, Derna- Libya.**
- From **06-2011 to 10-2012** **Dean of College of Medical Technology, Derna- Libya.**
- From **10-2012** **director of postgraduate studies office in College of Medical Technology, Derna- Libya.**

Teaching the following courses academic year 2010/2011:

- Basic nutrition II year of public health department.
- Concept of health and disease II year of public health department.
- Clinical nutrition, III year, Department of Medical Care.
- Food microbiology III year of public health department.

Teaching the following courses academic year 2011/2012:

- Basic nutrition II year of public health department.
- Food and Nutrition security IV year Public Health department branch of Nutrition.

- Practical of Nutrition IV year Public Health department branch of Nutrition.

Teaching the following courses academic year 2012/2013:

- Nutrition and Metabolism , III year, Department Public Health department, branch of Nutrition.
- Nutrition and Food Security, IV year, Department Public Health department, branch of Nutrition.
- Public Health Practice of Nutrition, , IV year, Department Public Health department, branch of Nutrition.
- Therapeutic Nutrition, IV year, Department Public Health department, branch of Nutrition.
- Clinical Nutrition, III year, Department of Medical Care.

Teaching the following courses academic year 2013/2014:

- Nutrition and Metabolism , III year, Department Public Health department, branch of Nutrition.
- Nutrition and Food Security, IV year, Department Public Health department, branch of Nutrition.
- Public Health Practice of Nutrition, , IV year, Department Public Health department, branch of Nutrition.
- Therapeutic Nutrition, IV year, Department Public Health department, branch of Nutrition.
- Clinical Nutrition, III year, Department of Medical Care.

Teaching the following courses academic year 2015/2016:

- Nutrition and Metabolism , III year, Department Public Health department, branch of Nutrition.
- Nutrition and Food Security, IV year, Department Public Health department, branch of Nutrition.
- Public Health Practice of Nutrition, , IV year, Department Public Health department, branch of Nutrition
- Therapeutic Nutrition, IV year, Department Public Health department, branch of Nutrition.
- Clinical Nutrition, III year, Department of Medical Care.

Teaching the following courses academic year 2016/2017:

- Nutrition and Metabolism , III year, Department Public Health department, branch of Nutrition.
- Nutrition and Food Security, IV year, Department Public Health department, branch of Nutrition.
- Public Health Practice of Nutrition, , IV year, Department Public Health department, branch of Nutrition.
- Therapeutic Nutrition, IV year, Department Public Health department, branch of Nutrition.

Teaching the following courses academic year 2017/2018

- Nutrition and Metabolism , III year, department of Public Health, branch of Nutrition.
- Nutrition and Food Security, IV year, department of Public Health, branch of Nutrition.
- Public Health Practice of Nutrition, , IV year, department of Public Health, branch of Nutrition.
- Therapeutic Nutrition, IV year, department Public Health, branch of Nutrition
- Clinical Nutrition, III year, department of Medical Care.

Teaching the following courses academic year 2017/2018

- Nutrition and Metabolism , III year, department of Public Health, branch of Nutrition.
- Nutrition and Food Security, IV year, department of Public Health, branch of Nutrition.
- Public Health Practice of Nutrition, , IV year, department of Public Health, branch of Nutrition.
- Therapeutic Nutrition, IV year, department Public Health, branch of Nutrition.

Publications:

1. *Nutrition, Lifestyle and diabetes- risk of School Children in Derna, Libya. VVB Laufersweiler, Giessen 1" Edition 2009.(Ph. D. thesis)*
2. *Body Mass Index, Body Fat and Osteoarthritis of the knee. Benha Medical Journal, vol. 27, number3 Sept. 2012 (P 459-66).*
3. *Food and Nutrients Intakes among Libyan School Children. Science Journal of Medicine and Clinical Trials, ISSN 2276-7487,Volume 2013, Article ID sjpub-146, 4 pages,2013. Doi: 0.7237/sjmct/146.*
4. *Knowledge of and Adherence to Health Advice among Adults with Diabetes in Libya. Ibnosina Journal of Medicine and Biomedical Sciences, volum 5, No. 3, 2013, (P 140-47).*
5. *Overweight and Obesity among Health workers at Wahda Hospital –Derna- Libya. Science Journal of Medicine and Clinical Trials, ISSN 2276-7487,Volume 2013, Article ID sjpub-117,5 pages,2013. Doi: 10.7237/sjmct/117.*
6. *Comparison of the Nutritional Status of Libyan School Children Aged 9-11 Years with the WHO- 2007 Reference population. Science Journal of Medicine and Clinical Trials, ISSN 2276-7487,Volume 2013, Article ID sjpub-136,6 pages,2013. Doi: 10.7237/sjmct/136.*
7. *Evaluation of Dietary Therapy among Hospitalized Patients in Wahda Hospital in Derna-Libya. International Journal of Innovation Research in Science, Engineering and Technology. ISSN: 2319-8753. Vol. 3, Issue 2, February 2014, IJIRSET: PP 8972-76.*
8. *Effect of protein supplementation on biochemical factors such as createnine, urea, and BUN, among Libyan body building athletes. American Open Medical Journal; Vol. 2 No. 1. July 2014 pp.1-6.*
9. *Nutritional assessment in pre-dialysis chronic kidney disease (CKD), stage V in Al-Wahda hospital, Derna-Libya. US Open Urology and Nephrology Journal; Vol. 1 No. 1, March 2015, pp 1-8.*
10. *Prevalence of Underweight, Stunting, and Wasting Among Preschool Children Aged 49- 72 Months in North East-Libya. European Open Medical Science & Public Health Journal Vol. 1, No. 1, June 2015, pp. 1- 12.*
11. *Assessment Of Body Mass Index (BMI) Among Girl Students In Hostel University In Derna-Libya. Canadian Open Public Health Journal. Vol.2,No.1, September 2015,pp, 1-7. Available online at <http://crpub.com/Journals.php>.*

12. *The correlation between Body Mass Index (BMI) with hypercholesterolemia, and type 2 diabetes among Libyans citizens. Journal Of Harmonized Research in Medical & Health Science,3 (4), 2016, 281- 285. ISSN 2395-6046.*
13. *Households' Dietary Habits and Food Consumption Patterns in Derna-Libya: Tobruk University Journal of Medicine science (TUJMS) volum 2: issue 1,2019, pp:15-22.*
14. *Skinfold thickness, Body Mass Index, Waist To Hip Ratio, and Wait To Height Ratio as a Predictors Measurements of Common diseases Such As Diabetes Mellitus, Hypertension, and Vitamin D Deficiency, World Journal of Advance Research and Reviews,2020, 5(1),73-78, www.wjarr.com*
15. *Elhisadi, T. A. (2022). Overall Obesity and Overweight, Trend From 2016 To 2022 With A Forecast For 3 Years Ahead in Eastern Libya. International Journal of Research - GRANTHAALAYAH, 10(6), 14-24. doi:10.29121/granthaalayah.v10.i6.2022.4599*
- 16.

▪ **Supervised Research programs for Seminar of undergraduate Students:**

Titles of Seminars:

Academic year: 2000/2001:

- 1- Nutritional Role of Dietary Fiber in Health & Disease.
- 2- Calcium in Diet & Osteoporosis.
- 3- Energy Expenditure & Diet Induced Thermogenesis.
- 4- Dietary & Biochemical Aspects of Vitamin E.

Academic year: 2001/2002:

- 1- The relationship between Diet & Coronary heart diseases (CHD).
- 2- Antinutritional Factors.
- 3- Correlation Studies between Nitros compound & some Diseases.

Academic year: 2002/2003:

- 1- Dietary Therapy of renal disease.
- 2- Food Allergy.

Academic year: 2010/ 2011:

- 1- Nutrition status among school children aged 10-14 years.
- 2- Diet and hypercholesterolemia.

Academic year: 2011/ 2012:

- 1- The relationship between smoking and lipids profile.
- 2- Dietary therapy of hospitalize patients in Wahda hospital- Deran.

Academic year: 2012/ 2013:

- 1- Effects of protein supplementation on BUN, urea, and createnine among Libyan athletes.
- 2- Relationship between calcium intake among pregnant women on baby weight.

Academic year: 2013/ 2014:

- 1- Dietary therapy for patients with renal failure in Whada hospital in Derna.

Academic year: 2015/ 2016:

- 1- Correlation between Waist circumference, Hip circumference, Waist-to-height ratio(WHtR), Waist-to-hip ratio(WHR), and BMI with Cardiovascular disease risk factors.
- 2- The effect of food habit on health and lifestyle.

Academic year: 2016/ 2017:

- 1-
- 2-

Academic year: 2017/ 2018:

- 1- The association between TV hours watching and obesity among school children (literature review article)
- 2- Assessment of Body Fat (BF), Visceral Fat (VF), and Body Mass Index (BMI) with Age Groups by Bio-Impedance Analysis Method (BIA).(research article)

Academic year: 2018/ 2019:

- 1- The relationship between skinfold thickness and some diseasesamong Libyan females.
- 2- Serum Magnesium level in healthy pregnant.

Academic year: 2019/ 2020:

- 1- The effect of breakfast on the educational attainment of school students
- 2- Prevalence of overweight and obesity in Down's syndrome

3-

AWARD:

- Granted a scholarship by the Secretariat of High Education of Libya to study Intensive English Program in Rima College- Malaysia.
- Granted a scholarship by the Secretariat of High Education of Libya to study (MSc) in Warsaw Agriculture University, Poland.
- Granted a scholarship by the Secretariat of High Education of Libya to study (PhD) in Justus-Liebig-Giessen University- Germany.

MEETINGS (Participation):

- Participated in first conference on* Food Quality Assurance*, organized by the Department of Food Science & Technology, College of agriculture 1994, Elbieda- Libya.

- Participated in the first Medical Conference and Exhibition organized by Faculty of Medical Technology, Derna- Libya.
- Participated in “Human Right International Perspectives workshop (UNHCR) - September 2011.
- Participated in Scientific day of the Hospital (Diabetes Mellitus) 25/01/2016.
- Participation in many scientific committees, including the postgraduate studies Committee
- Certificate of training: completed the training of Body Composition Analyzer (InBody 770-technology and Medical Application), Theoretical and Hands on.

POSTS HELD:

- Lecturer, Faculty of Medical Technology, Derna - Libya.
- 01/2001 to 04/2002 head of Post graduate and Staff Affairs Office, Faculty of Medical Technology, Derna – Libya.
- Academic year 2001/2002 & 2002/2003 head of Department of Public Health, High Center of Medical Technology, Derna- Libya.
- 06/2011- 10/2012 Dean of Faculty of medical technology.
- 11/2012 head of Post graduate studies in Faculty of Medical Technology.
- Member of Popular organization for environmental protection, Derna- Libya.
- Co-supervisor of Ph.D student in Faculty of Health and Applied Social Science, Liverpool John Moores University- UK.
- External examiner of Master's student in , Omar Al- Mukthar University, faculty of Science 2016.

HOBBIES:

- Sport, Music & Reading.

ADDRESS FOR CORRESPONDENCE:

College of Medical Technology

P.O.Box 1218

Derna/ Libya

Tel. + 218-916248662

+ 218-927799401

E-mail: drelhisadi@yahoo.com